

Post-abortion healing in the Year of Mercy

Pope Francis has called for the Church to celebrate the Jubilee Year of Mercy beginning Dec. 8, 2015.

One way you can participate in the Year of Mercy is to promote the Merciful Love of God toward all those who are suffering the consequences of their decision to abort their child.

Post-abortion suffering can be very debilitating; it frequently afflicts women and men for years until they are able to confess their sin and get the help they need to begin the healing process.

By your prayers and actions, you can help that person feel the Love and Mercy of God, and understand that forgiveness and reconciliation are possible. Programs such as Project Rachel and Rachel's Vineyard, among others, can help the person along the healing process.

Here are some specific ways you can help:

- Ask your pastor to display in the back of church the mini-poster of the post-abortion sculpture (see below and enclosed), available for free download: www.4life4family.org/sculpture This message can reach people very effectively and let them know there is hope, and that Mercy and Forgiveness are possible, and refer them to those who can help. It takes just a few minutes to place the mini-poster in church; then let the Holy Spirit do the rest.



Pope Francis described the sculpture as "Very beautiful!" when he was given a replica (October 21, 2015). He also said earlier in the year (January 28) in reference to post-abortion suffering, "This is very grave. I carry this concern in my heart." And he encouraged those working in post-abortion ministry, "Keep going...Keep working!"

- Distribute prayer cards with the photo of the sculpture, available from Family Life Council.
- Pray.
- Promote healing programs such as Project Rachel in your parish.
- Support Family Life Council's efforts to promote post-abortion awareness and healing, and other life-affirming projects during this Year of Mercy. Your donations, prayers and active participation are appreciated!

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